

Answer Key

Unit 4 Lesson 1 Eating Problems

Use the Body Systems, Functions and Aging handout and the *Eating Well as We Age* brochure to complete the table below.

Identify the possible reasons (physical changes), organs affected, and body systems that relate to eating problems for the elderly.

Problem	Possible Reason	Organs Affected	Body System
Can't chew	No teeth	teeth	Digestive
Upset stomach	Gas	stomach, intestines	Digestive
Can't shop	Less mobility, vision problems, memory problems	Muscles, bones, brain	Muscular, Skeletal, Nervous
Can't cook	Less mobility, vision problems, memory problems	Muscles, bones, brain	Muscular, skeletal, nervous
No appetite	Lonely, no taste or smell	Brain, senses	Nervous